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“The Four Agreements 1. Be impeccable with your word. 2. Don’t take anything personally. 3. Don’t make assumptions. 4. Always do your best. ” — don Miguel Ruiz, The Four Agreements: A Practical Guide to Personal Freedom

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The Four Agreements: A Practical Guide to Personal Freedom is a self-help book by bestselling author Don Miguel Ruiz with Janet Mills. The book offers a code of conduct based on ancient Toltec wisdom that advocates freedom from self-limiting beliefs that may cause suffering and limitation in a person's life. First published in 1997, the book has sold over 8.2 million copies in the US and has been translated into 46 languages worldwide. The book gained popularity after being endorsed by Oprah Win

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Author Miguel Ruiz | Submitted by: Jane Kivik. Free download or read online The Four Agreements: A Practical Guide to Personal Freedom pdf (ePUB) book. The first edition of the novel was published in 1997, and was written by Miguel Ruiz. The book was published in multiple languages including English, consists of 168 pages

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